CHARACTERISTICS PREDICT SURVIVAL

Data collected in the OPTIMIZE-HF study led to the selection of factors for an algorithm to assess risk for patients hospitalized with heart failure. For more information, and to see the risk prediction nomogram, visit www.optimize-hf.org.

Patient characteristic	Overall registry	Patients surviving to discharge	Patients who died in hospital
Age in years	73.2	73.0	78.5
Systolic blood pressure, in mm Hg	143	143	125
Heart rate, in beats per minute	87	87	89
Sodium, in mEq/L	137.8	137.8	136.6
Creatinine, in mg/dL	1.8	1.7	2.2

Source: "Predictors of In-hospital Mortality in Patients Hospitalized for Heart Failure," *J Am Coll Cardiol.* 2008 Jul 29;52(5):347:56